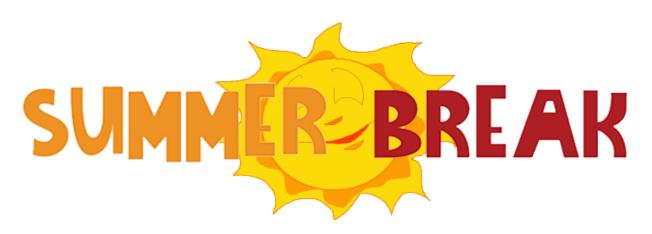


K-12 Diabetic Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals served with a choice of 1% plain 14g milk or non-fat chocolate milk 22g Variety of cereals offered daily: Frosted Mini Spooners 45g/ Raisin Bran 45g/ Honey Nut Scooters 45g *Indicates Pork Item	Fresh Fruits: Apple bag 8g, Whole Apple 15g, Orange slices 15g, Banana 27, Grape bag 10g, Strawberries 17g, Kiwi 15g, Watermelon 12g, Cantaloupe 6g	Hello Summer	MANUAL MA	Fresh Fruit Canned Fruit Mix 17g Egg & Cheese Sandwich 19g Cereal, 2oz 45g Fruit Juice 4oz 15g Condiments - Ketchup 3g
4	5	6	7	8
Fresh Fruit	Fresh Fruit		Fresh Fruit	Diced Apricots 15g
Pineapple Chunks 16g	Canned Pears 19g	Fresh Grapes 10g	Canned Peaches 18g	Oatmeal Choc Chip Breakfast Bar 47g
Maple Burst Pancakes 39	Breakfast Sausage Pizza 26g	Bagel & Cream Cheese 30g	Buttermilk Bars 43g	Cereal, 2oz 45g
Cereal, 2oz 45g	Cereal, 2oz 45g	Cereal, 2oz 45g	Cereal, 2oz 45g	Watermelon 12g
Apple Juice 15g	Orange Juice 14g	Wildberry Juice 4 oz 15g	Fruit Juice 4oz 15g	Fresh Grapes 10g
				Wildberry Juice 4oz 15g
Condiments - Sugar Free Syrup 0g				



June 8th - August 15th

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

MORENO VALLEY UNIFIED SCHOOL DISTRICT NUTRITION SERVICES DEPARTMENT